



# हेमवती नन्दन बहुगुणा राजकीय स्नातकोत्तर महाविद्यालय

नैनी, इलाहाबाद : 211008

पत्रांक .....

दिनांक .....

Session 2019-20

## Best Practice-

1. Free Blood donation Camp- A week before the organization of Free Blood donation camp, a doctor from the medical college briefed the students, teachers and staff, in one day workshop, the importance of blood donation. The doctor cleared all doubts related to blood donation, such as loss of health with blood donation. On the day of the blood donation Camp, hemoglobin percentage and blood pressure of boys and girls, staff and teachers, was monitored. Only those were allowed to donate blood whose hemoglobin percentage reached 12.5%. This camp was very useful for our girl students. Most of them were anemic and they were not aware of it. Through the checkup they came to know the reason of their fatigue, back pain and headache. A doctor guided them with medicines and proper and budget friendly diet plan. They were also provided with Sanitary napkins to develop hygiene consciousness in them.
2. NAAC Workshop- One day workshop was organized to guide the teachers and staff on NAAC Accreditation. Though the college is continuously in the process of betterment, yet few of the things are there to be understood and known through guidance. The purpose of this NAAC workshop was to guide the teachers as to how to apply for NAAC Accreditation. This also included the time span that is required to apply and the responsibilities of the members of the NAAC committee.

*Rhat*

प्राचार्य

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